

An aerial photograph of a stunning tropical coastline in the Seychelles. A large, lush green mountain dominates the left side of the frame, its slopes covered in dense tropical forest. At the base of the mountain, a pristine white sandy beach curves along the shoreline. The water is exceptionally clear, showing a vibrant turquoise color near the shore that deepens into a dark blue further out. Several sailboats are visible in the water, including a prominent catamaran in the lower foreground. In the distance, other islands and a clear blue sky with scattered white clouds complete the scene.

SUGGESTED ITINERARY

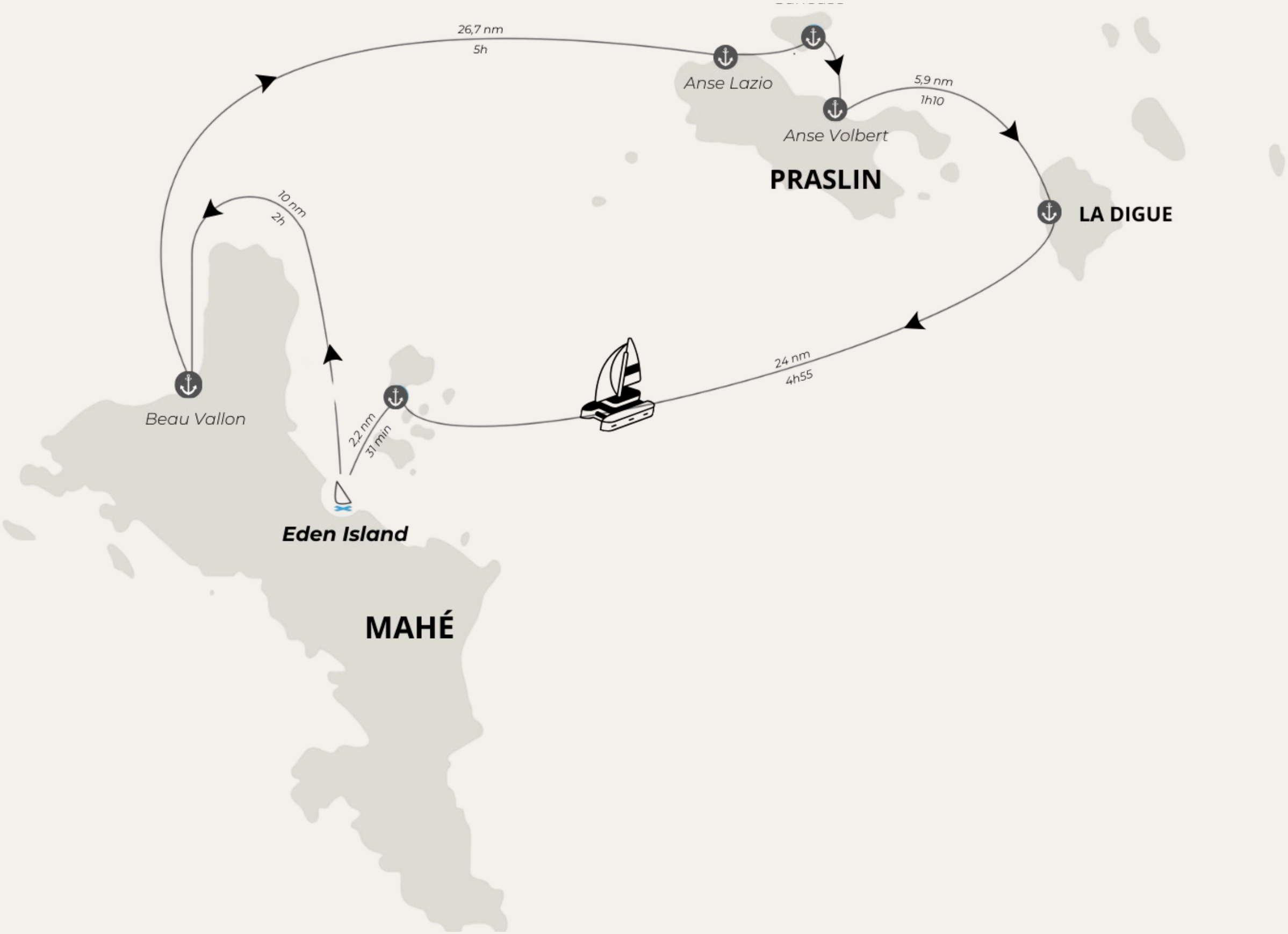
7 DAYS IN THE SEYCHELLES

SPIRIT OF PONANT



Seychelles

Discover the Seychelles, combining sailing, idyllic anchorages, local culture, refined gastronomy, idleness and sporting activities. Embark on a 7 or 14-day adventure where each stop reveals the treasures of Seychelles islands.





7 Day itinerary

Suggested 7-day itinerary in Seychelles

Day 1 - Eden island- Beau Vallon

Your adventure begins on Mahé, the largest island in Seychelles and home to the capital, Victoria. Spend the day exploring the local market or visiting the iconic Clock Tower, a reminder of the British colonial era.

Next, head to Beau Vallon, the island's longest and most popular beach. Relax with family or enjoy various water activities in its shallow, clear waters—perfect for a swim or snorkeling.

Day 2 - Beau Vallon - Anse Lazio(Praslin)

After a peaceful night aboard, set sail towards the stunning Anse Lazio, located on Praslin Island. Anse Lazio is often regarded as one of the most beautiful beaches in the world. Spend the day relaxing in paradise, swimming, or snorkeling among vibrant coral reefs and abundant marine life.

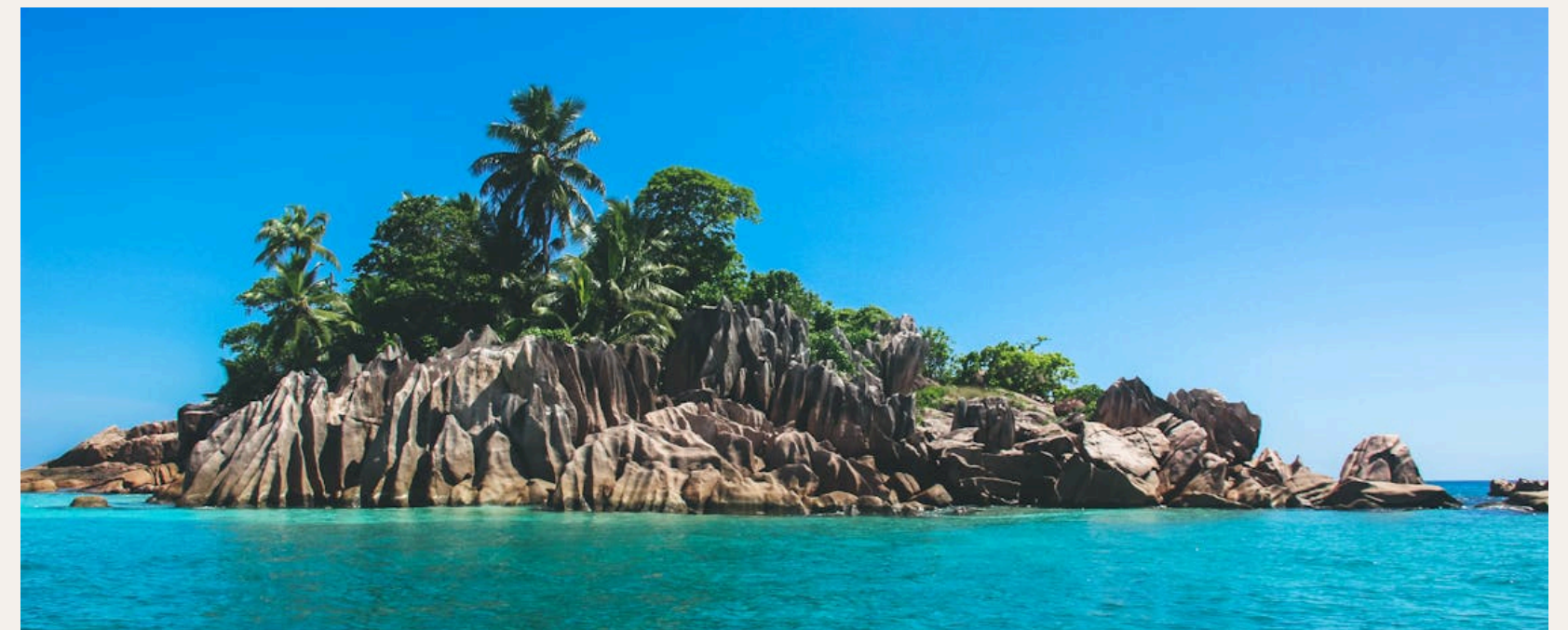
A perfect second day for unwinding and enjoying the natural beauty of the Seychelles.

Day 3 - Curieuse Island - Anse Volbert

On day three, head to Curieuse Island, a protected nature reserve famous for its giant tortoises. Explore the island's lush mangroves, take a walk through its unique landscapes, and enjoy the peaceful surroundings.

Later, sail to Anse Volbert on Praslin Island, where you can relax on the soft, white sand and enjoy calm, shallow waters perfect for swimming and snorkeling.

A day full of nature, wildlife, and serenity.







Day 4 : Anse Volbert - Anse coco - La Digue

Start the day at Anse Volbert, then head to the secluded Anse Coco on La Digue, known for its clear waters and rocky surroundings—perfect for swimming and snorkeling. Finish the day exploring the charming island of La Digue, with its stunning beaches and laid-back atmosphere.
A day of serenity and natural beauty.

Day 5 : La Digue

Spend the entire day exploring La Digue. Visit the famous Anse Source d'Argent, known for its striking granite boulders and clear waters. You can also cycle or walk around the island, taking in the lush landscapes and traditional Creole houses. Relax on the quiet beaches or enjoy snorkeling in the crystal-clear sea.

A perfect day to immerse yourself in the tranquility and beauty of La Digue.

Day 6 - 7 : Saint Anne - Eden Island

On day six, sail to St. Anne Island, a peaceful spot known for its coral reefs and marine life, perfect for snorkeling or simply relaxing by the beach. After exploring this idyllic island, head back to Mahé and dock at the Escale Hotel pontoon, where your journey comes to a close.
A relaxing final day to enjoy the island's natural beauty before returning to port.

